



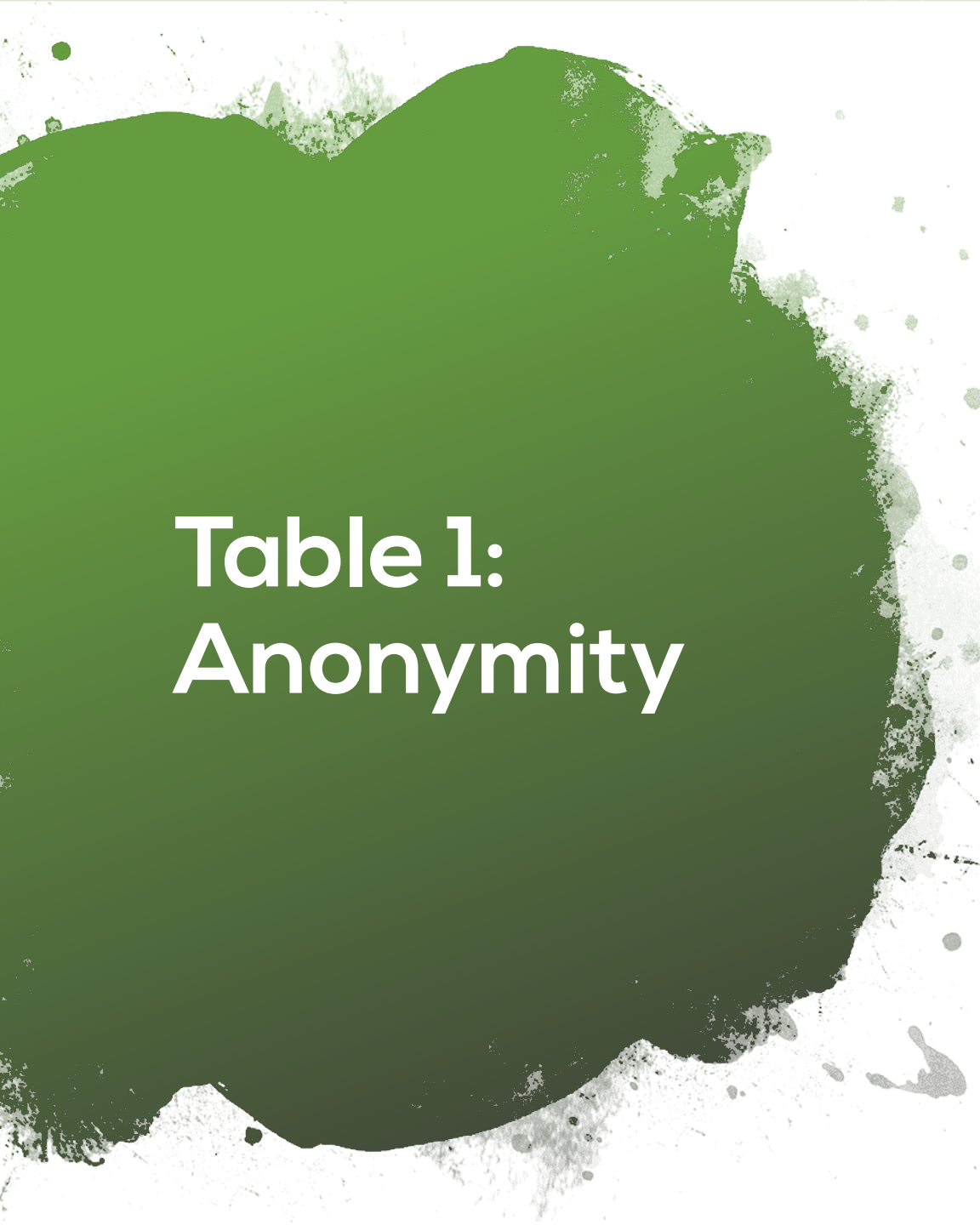
Young Addicts Workshop





# Workshop

- We asked everyone to separate into 4 groups.
- Each group should have one facilitator, one note-taker and one presenter.
- 30 minutes to talk and share about the topics.
- Each group presents their outcome on a flipchart.



## **Table 1: Anonymity**

I don't want my peers/friends to see me with NA people. How can I protect my anonymity?


How should/could we use social media to reach out and to protect our anonymity?



## Table 2: Reach Out

How should I reach out to friends/family members who have a drug problem without risking my recovery?

NA service structure: How to get help on a service level?



## Table 3: Environment

How can I change my social environment and how do I deal with peer-pressure?



## Table 4: Guardians

My parents/legal guardian's don't like me going to meetings too often or hang out with other recovering addicts.  
What can I do about it?

# Thank You

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European Delegates Meeting  
Young Addicts In Recovery Workgroup

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